

# Mayfield Elementary Newsletter



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October 2017

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Learning is not a spectator sport — Let's get in the game!



## Mark Your Calendar

### October 3

- 3<sup>rd</sup> grade goes to Project R.E.D. (Rural Education Day)

### October 4

- PAC meeting at 8:40am

### October 5

- Seven Ponds Nature Center - Mr. Back's class

### October 9

- Popcorn Monday

### October 11

- Picture Day
- PTC meeting 6pm

### October 12

- Seven Ponds Nature Center - (AM) Forgione & Lamphere - (PM) Chapin & Fosmoen

### October 13

- Skinner Lake - Ms. Morris's class

### October 19

- Seven Ponds Nature Center - (PM) Bidlack

### October 23

- Popcorn Monday

### October 24 & 26

- Parent/Teacher conferences

### October 27

- NO SCHOOL

### October 31

- Halloween

## First Aid

We will administer first aid when needed. First aid consists of the following only: We will wash a wound, apply Band-Aids or ice, make the child comfortable, observe the child, and stabilize injuries. When we suspect more than first aid may be needed, we will contact you (at home or work) or the emergency numbers you have supplied.

## PTC News

We will be having a PTC meeting Wed., Oct. 11, at Mayfield Cafeteria. Topics of discussion: *Popcorn Mondays* and our need for volunteers to pop and pass out popcorn; Proving meals during *Parent Teacher conferences* and considering a desert sign up as we seek help to pick up and set up meals. Also on the agenda is our *Pumpkin Contest*, *Book Fair* during parent/teacher conference week, and *Wojos Greenhouse Holiday Fundraiser* which orders are due Nov. 20 with pick up Dec. 15. What are your thoughts about a *Secret Santa Fundraiser*, Fall and Spring *Penny War* as volunteers are needed to help tally results for 5 days after school requiring about an hour of time. *Mayfield Movie Mornings* have been scheduled: "Coco" released Nov. 22, "Ferdinand" Dec. 15, "Paddington 2" Jan. 12, "A Wrinkle in Time" Mar. 9.

While we have ideas in the works, we look forward to new ones and could use volunteers. The more that help, the less each person needs to do. Please come and join us as we hope to see you here!!

## Elementary Physical Education

Your child will be participating in the Elementary Physical Education program this year. These activities will help them in their growth and maturation, and ultimately help them in the classroom. Your child will receive 45 minutes of physical education per week in grades E5 through fifth grade. On your child's report card, you will see a grade each trimester for physical education.

Students will be participating in the Lapeer Lightning Fitness Tests. In order to successfully pass the tests, they need to meet the benchmarks which are based on the student's age and gender. A benchmark is an objective defining the necessary criteria each student needs to pass each of the fitness tests.

Meeting the benchmark on **all five of the tests** will result in receiving a Gold or Silver award at the end of the school year.

Participation in physical activity offers many health benefits, including increasing general mood, self-esteem and sleep quality. Due to the fact that we only see your child once a week, for 45 minutes, they are expected to participate every week. Students who cannot participate for one week need a written note from a parent. Students who cannot participate for multiple weeks will need a doctor's note.

One way that you can help your child have a successful year in Physical Education is by making sure that he/she is dressed appropriately on the designated day. It is important for students to have tennis shoes for Physical Education class. Tennis shoes are required to participate. **Four** or more Physical Education classes without tennis shoes will result in an IP grade on the report card.



### Grading key:

- P = Performing as expected
- IP = Inconsistent Performing
- N = Not Performing.

### Lightning Physical Fitness Tests:

- Sit-ups
- Pull-ups/or Flexed arm Hang
- Sit-n-Reach
- Shuttle Run
- ¼ Mile Run/Walk, ages 6,7
- ½ Mile Run/Walk, ages 8,9
- 1 Mile Run/Walk, ages 10-12

THIS DOES NOT INCLUDE  
E5 & KINDERGARTEN

## Student of the Month

King - Reagan Wheaton  
Moore - Maverick Taylor  
Orzel - Caiden Soltys  
Daley - Makayla Kovach  
Forgione - Jordan Bechtel  
Lamphere - GraceLynn Faith  
Schabel - Aubree Russell  
Wood - Jaiden Taylor  
Bidlack - Elyse Jones  
Novak - Gage Carrow  
Chapin - Charlotte Slieff  
Fosmoen - Miley Mason  
Back- Elizabeth VanBrocklin  
Bush - Jason Scharrer  
Morris - Wyatt Hascall

## Illnesses + Accidents

Should a student illness or injury occur while at school, parents are notified and may be required to take their child home. In the event we are unable to reach a parent, school personnel will contact the person(s) identified on the Emergency card. Please notify your school when any changes are necessary, so we can keep this important information current.

## End of the Day

To assist with the end of the day please call the office **before 2:30pm** to let us know of changes in rides home. When announcements are being made in the classrooms the secretary is not answering the phone and to make new announcements in the rooms interrupts the class more than once at the end of the day. We do understand when the occasional emergency occurs and exceptions will be made. If you know the day before of a change, please send a note in with the student to give to the teacher then a phone call won't be necessary. Thank you for your cooperation.